

Checklist for Medical Packet

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Schedule your physical. Make sure you tell your doctor's office about all of the tests that are required so that they can schedule adequate time for your appointment. Remember, test dates must be since July 16, 2008 for all but the chest x-ray, which must be since July 16, 2005.

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Complete the *Diving Medical Questionnaire & Health History* and **sign it**.

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Read the page on *Dive Accident Insurance*.

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Apply for Dive Accident Insurance if you do not already have sufficient coverage for hyperbaric treatment and emergency evacuation.

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Make a copy of your Dive Accident Insurance card.

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Have your doctor **review and sign** the *Medical Questionnaire* you completed earlier.

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Have your doctor examine you then complete the *Physician's Report of Diving Medical Examination*. Be certain your physician **checks** one of the boxes **for Approved/Disapproved**.

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Have your doctor **sign** the *Physician's Report of Diving Medical Examination*.

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Sign the *Physician's Report of Diving Medical Examination*.

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Make sure that both you and your physician have signed both medical forms!!

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Complete the *Emergency Medical Information* form.

Email completed forms to:

bobbi@gulfmex.org

or mail to:

Bobbi Reed
DUOY 2009
Gulf of Mexico Foundation
PMB 51, 5403 Everhart
Corpus Christi, TX 78411

Additional Information for Medical Packet

Medical Physical

- Be sure to give your physician all of the information pages that go with the forms. These contain important information about contraindications for diving.
- Be sure to complete ALL questions on the medical forms.
- If a section of the *Diving Medical Questionnaire & Health History* form does not apply to you DO NOT LEAVE IT BLANK, simply mark it N/A (Not Applicable).
- On number 9 of the *Diving Medical Questionnaire & Health History* you must check either YES or NO for each item.
- All tests on the *Physician's Report of Diving Medical Examination* are required!!!
- The chest x-ray must have occurred since July 16, 2005.
- All other tests must have occurred since July 16, 2008.
- **INCOMPLETE PAPERWORK WILL BE RETURNED TO YOU.**
- Results of all physicals are confidential—access will be allowed only on a need to know basis.

Proof of Insurance - submit ONE of the following:

- Photocopy of insurance, including all appropriate ID numbers, that covers air evacuation from the boat & decompression chamber treatment, if necessary; OR
- Photocopy of your Diver Alert Network card (your membership number and expiration date must be readable); OR
- Paper showing your name, your Diver Alert Network membership number, and the membership expiration date. Don't forget your name on that piece of paper or we won't know who it belongs to!!

Emergency Medical Information Form

- Be sure to complete ALL questions on the form.
- If a section of the *Emergency Medical Information* form does not apply to you DO NOT LEAVE IT BLANK, simply mark it N/A (Not Applicable).
- Please write legibly.
- This information is confidential—access will be allowed only on a need to know basis.